

SYNOPSIS OF PATET PASEMANI

by Mehernosh Damodiwalla

Praying one yatha I remember Ahura Mazda who shall help me towards salvation. Let me be in close touch with the advanced dasturs of our religion and in turn develop my 5 native senses that shall help me move away from sinful, acts. Let me be fully prepared to face the consequences of whatever wrong I have done by encouraging all acts of Asar-E-Tariki (forces of darkness) by speaking lies and doing all types of sinful acts and business by which the good within me is continuously destroyed. Whatever I have done is always for my selfish motives and thus resulting in bad thoughts words and deeds making my physical body more impure and tightened the shackles of my soul and taking salvation away from me; I repent for all those sins with a true heart, conscious mind and the tongue which speaks this holy prayer. I vow to come out of these sinful acts sincerely.

KARDA 1

All good thought's words and deeds of Dadaar Ahura Mazda that helps earth to proceed towards salvation. I pray with best possible thoughts words and deeds that his work shall be accomplished. I pray that I shall always stand defeated in all my bad thought's words and actions against Dadaar Ahura Mazda or his creations. With the blessing of Meher Patet (this holy prayer of Patet Pasamani) I hereby strengthen the vibrations of my prayers so that I shall also try and become good.

We offer you our prayer Oh Mazda! (basically of two kinds i.e. one where you personally come and give your blessings and other when our prayer reaches you and you send us your blessings) my physical body and life therein is your gifts and their final goal is to mingle with the soul that is pure. **All the good thoughts words and deeds which I do are the direct result of my soul which is within me, for my physical body is so impure that it cannot think of anything good.** The aim of my birth is to mingle with my soul.

Before I do anything let me praise Ashoi (purity) and develop it within me. May ignorance be converted to divine knowledge. With Ahura's blessing I shall develop resistance to all the evil temptations of lust, money, greediness, etc. Which are the result of Ahriman and the evil within me and which bring sorrow and suffering and death closer to me. **I DO NOT CURSE THESE SORROWS BUT ACCEPT ALL THE SUFFERING WITH A SMILE AND THANK AHRIMAN FOR ALL HIS HARD WORK AS SOONER OR LATER THE EVIL WITHIN ME SHALL BE CONVERTED TO GOOD BY THIS ACT OF AHRIMAN.** I shall from now on follow all laws of Dadaar Ahura Mazda as shown by Asho Zarathustra and shall try and become good, respecting and remembering all the holy Yazads and Ameshaspands of my religion and shall create a good example for others to follow.

KARDA 2

All the defects within me which have come from the seed right at the start (from the time the seed developed in my mother's womb and I was formed i.e. hereditary sins passed from parents to children as a result of evil thoughts words and deeds done by my physical body in its previous births) and all those spiritual deficiencies which are my weak points because of which I am unable to resist various temptations, thereby resulting in sinful acts either of small or large magnitude called **MARGARZAN GUNAH**, which have originated from the evil side (Ahriman) either by way of bad thoughts, words, or deeds, which I might have done for others or by others for me. All those sins that destroy my developing good thoughts, words, and deeds and make my body full of more matter and less knowledge, bringing suffering for my soul and making earth more impure, I repent and turn back on the right path.

KARDA 3

Evil within me makes me commit one of many sins as under :- **HANDARAKHT** = Harassing someone without rhyme or reason.

MEDIOSAST = Misguiding someone on wrong path. **ANDARAZFARMAN** = Not following path shown by elders, misguiding people on religious matters, not managing other property with necessary care. **BOEDIOZAD** = Involving oneself in act of breaking relationship either between persons or animals or merciless killing. **KAEDIOZAD** = Not helping people or animals dying of hunger even though we have enough wealth. **AGEREPT GUNAH** = Killing person(s) without proper authority. **AVAVARESHT GUNAH** = Taking law in hand without authority. **AREDUSH GUNAH** = Torture someone without reason, and wound not healing for 3 days. **KHORAHE GUNAH** = Damaging someone personal atmosphere (aipi) by making a person wounded thereby not allowing him to pull divine blessings from Ahura Mazda & his creations. **BAZAE GUNAH** = Damaging someone's hand(s) and stopping him from doing good actions. **YATU GUNAH** = Damaging someone's leg(s) and stopping him from doing good actions. **TANVALGAN GUNAH** = Not cleaning our body of all the impurities and keeping aipi (personal atmosphere) unclean and these impurities misguide us to commit one or many sins, in turn making us physically handicapped and other dependents helpless. **THIS SIN CALLS FOR REBIRTH AND REPENTANCE.** **MARGARZAN GUNAH = SINS WHICH REQUIRE MORE THAN THREE REBIRTHS TO BE REPAID** are as under :- (a) Not believing in Dadaar Ahura Mazda. (b) Not obeying parents, teachers thereby bringing sorrow and suffering to them. (c) Not obeying laws of purity as laid down in our scriptures. (d) Cutting hair & nails and mixing them with pure water or fire. (e) Not taking proper care of fire-temple. (f) Promising to perform religious ceremonies and not performing them. (g) Giving false declaration against Dasturs in the court of law. (h) Inter caste marriages, slowing down & disturbing spiritual progress. (i) Sins of prostitution and homo sexuality. **AVASOSH GERAN GUNAH** = Destroying someone's image in society or giving false statement about someone or about Zoroastrian religion in the newspapers or magazine. **JEHMARZ GUNAH** = Keeping false relationship with low character girls or

prostitutes. **DASHTANMARZ GUNAH** = Not following monthly biological cycle and having sex during such period. **KUNMARZ GUNAH** = Sins of sodomy. **AWARUN MARZASHNI** = Lustful sex day in and out. **SHOETHRA GUNAH** = Sins of masturbation (making us physically and spiritually weak). **GUNAHE RAVANI** = False relationship with non zoroastrian girls and boys resulting in sorrow and suffering for the soul. **GUNAH HAMIMALAN** = Cheating others of their wealth and having bad intentions about others. **GUNAHIO PULSHAHOD** = Stopping one's soul from going to chinvat by not celebrating the ceremony of ghambars and not doing daily prayers (farajyat) etc. **VAKSHE VAKSHAN VAKSHE GUNAH** = Committing more sins by hiding one or many sins. **GUNAH AZ GUNAH** = Coming in contact with personal atmosphere (aipi) of those persons who do not follow laws of purity and in turn make our personal atmosphere (Aipi) impure. And last but not the least various other sins committed by us because of the very basic impurity that we carry by birth within our physical impure body that finds it difficult to resist the temptation of the evil.

Oh Dadaar Ahura Mazda ! You have given us such a clear definition of what is wrong and sinful and such laws which shall help us to become fully pure by practising them (Laws of Ashoi); I consciously admit and accept all that what is sinful and accept my mistakes which I have made in my day-to-day life insulting and hurting Dadaar Ahura Mazda, Ameshaspands, Meher, Sarosh, Rashna, Fire energy which kills evil, Barasma which bring blessings, Hom blessings helping the earth towards salvation. I also ask forgiveness to my soul which is in my Astral body, and Dasturs who are guiding us towards salvation; I repent for all my sins that have led to bad thoughts, words, and actions with a true heart, conscious mind, and the tongue that speaks this holy prayer.

KARDA 4

Injustice, intolerable behavior done towards father, mother, brothers, sisters, relatives, children, community leaders, partners, neighbours, any citizen of any country, servants & faithful people etc because of which I went

against the laws of good thoughts, words, deeds thereby making my soul impure and guilty, and preventing the earth from achieving salvation, I repent for all such sins that I have done.

KARDA 5

Impurities generated by hair, nails, skin, spit and urine not disposed off in the manner prescribed in our religion and not disposing of dead body (which starts decaying after death) in the manner prescribed in scriptures thereby making fire and water impure with such disgraceful act. **(APPLYING WATER ON A DEAD BODY IS A GREAT SIN AS WATER CONTAINS DIVINE BLESSINGS OF AVA YAZAD. THIS SINFUL ACT COULD ONLY PROVE TO BE AN OBSTACLE IN THE LONG JOURNEY WHICH OUR BELOVED ONE HAS TO UNDERTAKE)** Not cleaning hands after urine and spitting. Praying Avesta without its mithra (inner thought pertaining to each avesta word). Not cleaning hands (preferably with taro) after going to toilet and after getting up early morning, I repent and ask for forgiveness of all those sins with a true heart, conscious mind, and tongue that speaks this holy prayer.

KARDA 6

By breaking and violating most of the laws laid down by Dadaar Ahura Mazda and never considering these laws before taking decisions in my day-to-day life thereby resulting in bad thoughts, words, and actions and in turn making my physical body more impure and bringing burden on mother earth. Oh Mazda! I sincerely repent and ask for forgiveness. From now on I shall try not to repeat such mistakes again.

KARDA 7

All deeds that are bad and evil against the laws of Mazdayasni Zarathusti Din, in which I was personally involved. By encouraging all those activities that I should not have encouraged. By practising and preaching all such laws that I should not have practised & preached. I repent for all those sins that I might have either done in this birth or in my earlier births that proves to be an obstacle to Dadaar Ahura Mazda's plan of giving salvation to all

of us.

KARDA 8

Various types of sin(s) that are of different intensity { some sins are of simple nature i.e sins committed only once like slapping an innocent person, other kinds of sins are complicated i.e to hide one untrue act we might be forced to do many more untrue act(s). As per the prayer of Patet Pahsamani a clear definition of 4 different categories of sins are mentioned as under :-

- A] Maragazan gunah *** Sins committed by us that requires a minimum of 2 re-births or even more (depending on its velocity) to complete its punishment are included under this category.
- B] Farodmahd gunah *** Sins committed by us which are punished in the same birth and a portion of the punishment may have to be paid after death by our soul if and only if we repent sincerely for such sins and pray this holy prayer of Patet Pashemani or else a rebirth might be required to undergo the required punishment.
- C] Maanideh gunah *** Sins committed by us in our previous birth for which the required punishment was not received such sins that are now due for punishment during birth by our physical body or after death by our soul. No further re-birth is required for such sins.
- D] Azay gunah *** Sins committed by us due to unfavourable religious environment and by coming in contact with personal atmosphere of such persons who do not practise laws of purity.

I admit and accept any of the above mentioned sins **EITHER COMMITTED BY ME IN THIS BIRTH OR IN MY EARLIER BIRTH(S) [FOR WHICH I STILL AWAIT PUNISHMENT] AND WHICH MIGHT REQUIRE ONE OR MORE THAN TWO BIRTHS TO BE REPAID,** such sins done by me towards:-

Hormazd Ameshaspand and his (creations) namely mankind for whom he bestows his blessings or

Behman Ameshaspand and his (creations) namely goshpands (i.e animals, capable of

attracting divine blessings) for whom he bestows his blessings or

Ardibehesht Ameshaspand and his (creations) namely fire-energy (which repels darkness and takes us under light of truth) by way of which he bestows his blessings or

Sheherevar Ameshaspand and his (creations) namely metals (capable of pulling divine magnetism from nature) and bestows physical and spiritual strength on us. Or

Spandarmad Ameshaspand and her (creations) namely mother earth (helping to clean impurity by converting it into manure) and thus bestow her blessings on us. Or

Khordad Ameshaspand and his (creations) namely water (various types of waters even genetic) thereby bestowing his blessings on us. Or

Amardad Ameshaspand and his (creations) namely trees and plants (helping humankind to keep physical body fit thus helping in spiritual progress) blessings of whom help humanity achieve salvation.

I am repentant for all the mistakes done by me towards either one or many of the above Ameshaspands or their creations (by misusing them carelessly) and vow not to repeat such mistakes again.

Different kinds of sins done by me either in this birth or in my earlier birth(s) towards the creations of Dadaar Ahura Mazda like stars, moon, sun, fire, dog, birds, five categories of gospands and towards all creations which are in between the earth and the sky towards whom I am sinful and such acts have proved to be an obstacle in my spiritual progress, I repent for all those sins with a true heart, conscious mind, and tongue which utters this holy prayer.

KARDA 9

Not giving proper authority to the caretaker as promised by me thereby disturbing internal relations. **BRINGING DISTURBANCE IN THE CONCEPT OF DIVINE MARRIAGE (BY ENCOURAGING MIXED MARRIAGES)**. Trying to break peace and harmony in a united family. Stopping the religious ceremony of Ghambar. Not performing ceremonies of Muktdad (18

HOLY DAYS OF PRAYERS FOR THE DEPARTED SOUL). Not performing ceremonies of dead as stated in religious scriptures. Not following proper procedures of purity and cleanliness as stated by Dastur-E-Dasturan. Not performing the ceremony of Rapithwan in the month of Farvadin. Not remembering and performing ceremonies on the Rojgar (month's mind) of the near relative. It was my duty to do all the above mentioned obligations which I have failed to perform and have violated the laws of the Ahura Mazda by committing one or many sins for which I humbly repent.

KARDA 10

Pride, overconfidence, speaking something bad about dead persons, temptation, intolerable anger, jealousy, eyes which cannot see good about others, shamelessness, trying to show others their low status, selfish behavior, getting angry when something good happens to others, doing things as we like and not listening to parents and teachers, laziness, unnecessary complain leading to fights, always thinking about personal self, projecting a wrong picture about an event in front of others, giving wrong evidence in court of law, doing injustice, **OZDIST PARASTI = FOLLOWING ANOTHER RELIGION INSTEAD OF THE ONE IN WHICH WE ARE BORN; BARHEN DAVARASHNI =** Not wearing Sudre and Kusti, not wearing proper clothing and not covering head and legs as required; talking while eating food, breaking rules of eating as stated in religious scriptures, stealing, robbery, following witch craft & practising the same, encouraging slavery, unnecessary repenting and remembering the departed souls (disturbing them in their spiritual progress), all these various kinds of sins which I have done in my day to day life, disturbing salvation of the earth, all those sins which I may or may not remember which I may or may not have confessed; I repent and turn back on the path shown by Yazads and Ameshaspands,

KARDA 11

If at all I had promised to pray Patet (this holy prayer of Patet Pashamani) for someone and forgotten to do so for which his/her soul had to face the consequences thereby bringing

pain and suffering for him and his children, such types of sins which prove to be an obstacle in my feeble attempt for good thoughts, words, and deeds. thereby bringing suffering for my soul, I ask for forgiveness with a true heart, conscious mind, and tongue which utters this holy prayer.

KARDA 12

The Mazdayasni Zarathusti Deen which was taught by Ahura Mazda to Prophet Zarathushtra and then Zarathushtra implemented the same and brought desired results (making arrangements for humankind to achieve salvation). Zarathushtra then taught the deen (religion) to King Gushtasp who implemented it and constructed various fire-temples in ancient Iran. Adarbad Maraspand (who was a descendent of the same family) went into meditation with Zarathushtra and was taught how to repair the deen (which had deteriorated over a period of time) about 2000 years ago--and thus this holy prayer of Patet Pashamani was included by him in our Khordeh Avesta which helps the soul towards salvation and **IN TURN AN ESSENTIAL REQUIREMENT FOR SPIRITUAL HEALTH**; I adore and accept this prayer with regards.

Till I am alive I wish to try and bring good thoughts in my mind and make them as good as the Yazads and Ameshaspand (work done by them in Hasti), I wish to try and bring good words on my mouth and make them as good as the Yazads and Ameshaspand (work done by them in Nisti), I wish to try and do good deeds with my hands and legs and make them as good as the Yazads and Ameshaspand who bestows his special blessings on Mazdayasni Din. I attune myself with all the good things & all good places and take myself away from sinful acts. I thank Ahura Mazda for all the gifts of nature, like water, air, sunlight etc. All the punishment which I receive in form of sorrow or suffering, I take them with a smile. My soul which remains in the state of unconsciousness throughout life should regain its lost consciousness upon death. This does not happen as I have committed a lot of sins throughout my lifetime, which comes to me as punishment. (our soul does not regain

consciousness for the first 3 days after death and every night of these 3 days are as long as fifty-seven years) I accept such punishment with a smile. With good deeds I shall avoid punishment and shall free myself from the cycle of birth and death as soon as possible. **I PRAY THIS HOLY PRAYER OF PATET SO THAT I SHALL RECEIVE PUNISHMENT FOR ALL MY SINS IN THIS BIRTH ITSELF AND NOT TO CARRY FORWARD ANY PUNISHMENT INTO NEXT BIRTH.**

At the time of my death let me pray an Ashem Vohu and also a Patet as my duty. **AFTER MY DEATH MY CHILDREN SHALL PRAY FOR ME AND ALSO PERFORM ALL CEREMONIES NECESSARY TO MAKE MY SOUL FULLY CONSCIOUS AS SOON AS POSSIBLE.** I shall do such deeds which shall help me to free myself from the cycle of birth and death. All religious discipline and laws shall be observed. I am on the side of Ahura Mazda and shall follow Zarathusti Deen and all laws of impurities and discipline of Ashoi; I shall try and follow the path of good thoughts, words, and deeds as done by the Yazads and the Ameshaspand and renounce all bad thoughts, words, and deeds. I have from now on taken up the path of spiritual progress and shall never get tempted to follow the wrong path. Ahriman (evil) shall always stand defeated and Dadaar Ahura Mazda be the helper in my spiritual progress !

With the power of 21 Yatha I denounce Ahriman and try relieve myself of 21 different types of impurities. I attune with Ahura Mazda who shall help me in my efforts towards salvation.

With the power of 12 Ashem I declare that "I" am nothing and whatever it is it is "HE". Such quality of Spendamard Ameshaspand grow 1000 fold within me.

Amen Amen Amen

As usual, lectures will be held during Fasli Gathas from 15th to 20th March, 2004 at Mehella Patel Agiary.